

**BALES FAMILY CHIROPRACTIC CENTRE**

180 Parsons Rd., #11, Alliston, ON L9R 1E8

Dr. Scott P. Bales

**Confidential Patient Information**

Name \_\_\_\_\_ Sex M F Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
(day/month/year)

Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_ Marital Status \_\_\_\_\_

Health Insurance Y N Children's Names & Ages \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

Current Major Complaints \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_ Is it getting: worse \_\_\_ better \_\_\_ constant \_\_\_

Previous diagnosis and/or treatment for present condition: \_\_\_\_\_

Have you had previous chiropractic care? \_\_\_\_\_ When? \_\_\_\_\_ Who? \_\_\_\_\_

Medical doctor's name \_\_\_\_\_ City \_\_\_\_\_

**Family Health Information:** Many health problems are the result of hereditary spinal weakness. Information about your family members will give us a better picture of your total health. Please list your immediate family members who have had any type of illness or disease.

Name	Relationship	Past and Present Health Problems

**Please List Any:**

Medications you take (including aspirin, birth control, etc.) \_\_\_\_\_

Surgeries, car accidents, falls \_\_\_\_\_

Over-night hospital stays \_\_\_\_\_

Broken/fractured bones you have had \_\_\_\_\_

Canes, crutches, or supports you have used \_\_\_\_\_

Loss of consciousness or altered mental states \_\_\_\_\_

**Circle the conditions you have had or been treated for**

ADD/ADHD	Alcoholism	Allergies	Anemia	Appendicitis
Arteriosclerosis	Arthritis	Asthma	Cancer	Cold sores
Diabetes	Diphtheria	Eczema	Emphysema	Venereal Disease
Epilepsy	Thyroid	Ulcers	Stroke	High Blood Pressure
Heart disease	Hepatitis	HIV/Aids	Infertility	Measles
Migraines	Mumps	Pertusis	Pneumonia	Rheumatic Fever
Polio	Rubella	Tetanus	Tuberculosis	Multiples Sclerosis

Other (please specify) \_\_\_\_\_

**Psychosocial:** have any of the following occurred recently?

Alcohol increase	Anxiety	Change in job	Chronic fatigue
Death in family	Depression	Divorce	Family problems
Drug use	Economic stress	Work stress	Sleep disturbances

Other (please specify) \_\_\_\_\_

**Nutrition and Lifestyle**

Do you skip meals regularly? If so, how often? \_\_\_\_\_ Coffee/tea Consumption \_\_\_\_ per day

Alcoholic beverages \_\_\_\_ per week Tobacco Use \_\_\_\_ per day

List all vitamins or supplements you take \_\_\_\_\_

Personal satisfaction with diet: Highly satisfied \_\_ Satisfied \_\_ Unsatisfied \_\_ Highly unsatisfied \_\_

What exercise do you do on a regular basis and how often? \_\_\_\_\_

**Date of Last:**

Spinal Examination \_\_\_\_\_ Physical Examination \_\_\_\_\_

Spinal X-ray \_\_\_\_\_ Other Tests (blood, urine etc.) \_\_\_\_\_

**For Women Only:** When did you last period start? \_\_\_\_\_ Are you pregnant? Yes No Maybe

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I have read the above, and agree and understand that I am personally responsible for all charges relating to my treatment at the clinic. Furthermore, I give Dr. Bales my consent to complete a consultation and physical examination on me.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Guardian: \_\_\_\_\_

(if patient is under 18 years of age)

**INFORMED CONSENT TO CHIROPRACTIC ADJUSTMENTS AND CARE**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and, if necessary, diagnostic x-rays, on me by the doctor of chiropractic named below and/or anyone working in this clinic authorized by the doctor of chiropractic listed below.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel, the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I further understand and am informed that, as in all health care, in the practice of chiropractic there are some very slight risks to treatment, including but not limited to, muscle strains and sprains, disc injuries, rib fractures and strokes. I do not expect the doctor to be able to anticipate and explain all risks and complications. I wish to rely on the doctor to exercise judgment during the course of the procedure, which the doctor feels at the time, based upon the facts then known, is in my best interest.

**I have read the above consent.  
I have also had an opportunity to ask questions about its content,  
And by signing below I agree to the above named procedures.  
I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.**

\_\_\_\_\_  
Patients name (please print)

\_\_\_\_\_  
Signature of patient (or parent/guardian)

\_\_\_\_\_  
Date signed

\_\_\_\_\_  
Witness to signature above



**FOR OFFICE USE ONLY**

Dr. Scott Bales or Bales Family Chiropractic Centre

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